



tandem literary

PUBLICITY & MARKETING

FOR IMMEDIATE RELEASE

CONTACT: Media Relations, info@glennsabin.com, 301-384-2476

n of **1**

One man's Harvard-documented remission of incurable cancer using only natural methods

by **Glenn Sabin**

with Dawn Lemanne, MD, MPH; Foreword by Dean Ornish, MD
(FON PRESS; On-Sale Date: December 27, 2016; \$16.99; 214 pages)

“Twenty-five years ago my doctors had no cure for my cancer. So I went on a quest to find my own treatment. This is my story.”

And so the journey began one fall day in 1991, when 28-year-old newlywed Glenn Sabin received news that would turn his world upside down. He had cancer, specifically chronic lymphocytic leukemia (CLL)—an ‘incurable’ disease.

In *n of 1: One man's Harvard-documented remission of incurable cancer using only natural methods*, Sabin recounts his decision to take matters into his own hands and become his own health advocate. With fierce determination and meticulous research, Sabin and his wife sought out meetings with the best doctors, cancer specialists and oncologists, and listened to what they had to say.

Since none of his doctors could predict when a large-scale clinical trial would discover a cure for CLL, **Sabin began his own single patient clinical trial—and became an *n* of 1.**

“I have witnessed an extraordinary patient who achieved a clinical response through non-conventional treatment approaches.”

*Lee M. Nadler, MD, dean for clinical and translation research
Harvard Medical School*

Carefully monitoring his every move he completely changed his lifestyle to unleash his innate healing capacity. He incorporated a strict regimen of fresh whole foods, physical activity, dietary supplements, deep hydration, restorative sleep, and relaxation techniques.

Sabin spent hours researching natural cancer therapies and consulted with experts across the country. It wasn't always easy. There were relapses along the way that left him exhausted

and sick, but his resolve to be healthy never wavered. If something wasn't working he would tweak his protocol while maintaining his healthy lifestyle changes. His case is chronicled through the Harvard medical system.

In 2012, a repeat bone marrow biopsy revealed no evidence of leukemic cells in his bone marrow. In 2016 Glenn is still in full remission. He has never undergone conventional treatment for his CLL. His peer-reviewed case is part of the medical literature. (<http://bit.ly/1UNdREl>)

ABOUT THE AUTHORS:

GLENN SABIN lives in the Washington, D.C. area with his wife Linda, sons Miles and Jared, and mini schnauzer Leo. He is founder of FON Consulting, a business development firm dedicated to advancing integrative medicine as the new standard of care. Sabin writes and speaks about integrative medicine and cancer prevention.

DAWN LEMANNE, MD, MPH, is a Stanford-trained oncologist and renowned authority on integrative oncology. Her practice attracts patients from around the world by combining advanced conventional cancer treatments with complementary and lifestyle-based interventions proven to promote recovery. Dr. Lemanne's professional motto is "Leave no stone unturned."

n^{of}1

One man's Harvard-documented remission of incurable cancer using only natural methods

by **Glenn Sabin**

with Dawn Lemanne, MD, MPH; Foreword by Dean Ornish, MD

FON PRESS; On-Sale Date: December 27, 2016; \$16.99/\$26.99; 214 pages; 15 B&W

Photographs

ISBN: 978-0-9975482-0-4

www.glennsabin.com

Full press kit available at <https://glennsabin.com/press-kit/>

Contact:

Media Relations

info@glennsabin.com

301-384-2476