Personalized, integrative cancer support from Glenn Sabin

"I was recently diagnosed with leukemia, concurrent with melanoma and prostate cancer. A renowned integrative oncologist recommended I contact Glenn... He's walked in our shoes and knows what we are going through. He knows what we need."

BRAD B., TEMECULA, CA

One-on-one cancer coaching

If you or a loved one has been diagnosed with cancer, or you're experiencing a relapse, and you don't know how to access the most advanced, comprehensive and individualized care, Glenn Sabin can help.

An advocate of evidence-based, integrative oncology—treating the whole person, not just his or her tumors—Glenn coaches both self-referred individuals and those referred by physicians.

He is available for one-on-one phone or Skype sessions to discuss how an empowered mind can help access your body's innate healing ability. His comprehensive approach includes integrative methodologies and conventional Western medicine. Ultimately, your body, your life, and your cancer are all unique, and you need to approach your care plan as an "n of 1."

As your coach, Glenn arms you with the tools you need to move toward your health goals. These tools include: psychosocial support, therapeutic nutrition, prescriptive exercise, stress reduction, supervised supplementation, hydration and a host of additional, evidence-based interventions.

What you'll receive:

- Comprehensive review of your questionnaire and food journal (to be completed prior to your session)
- A personalized plan to upgrade your diet and lifestyle in manageable, measured steps
- Recommendations and referrals to practitioners, specific to your illness and needs
- Simple techniques for reducing stress, removing emotional blocks and boosting happiness
- Fridge & pantry overhaul: what to keep, what to toss, and what to buy

"I have found Glenn's counseling to be invaluable as I travel the road of dealing with my cancer. His kind and listening approach, coupled with his extensive knowledge of evidence-based integrative cancer care, has enabled me to be proactive in my health, feel comfortable in living with my illness—and to truly enjoy life!"

GARY G., NAPLES, FL

Cost: \$325 for 75 minutes

Navigating a cancer diagnosis and improving your quality of life is an investment. As does any investment, it takes time and commitment. During your private, one-on-one session, Glenn will consider your current overall state of health, both body and mind, and your current abilities and limitations, including physical, emotional and financial factors. If you're ready to make significant lifestyle changes, a session with Glenn will put you on a personalized path to wellness.

If you have additional questions about Glenn's one-on-one coaching, send him an email. **Get in touch**

Ready to secure your one-on-one coaching session? Book Glenn now

"Glenn emphasizes what each of us can do to be our own best allies in battling cancer. His warm and informed advice is backed up by his hard-fought personal experience as a remarkable, 24-year 'thriver."

MARVIN S., SILVER SPRING, MD

Consultation Disclaimer

Glenn Sabin is not a medical doctor, licensed dietician-nutritionist, massage therapist, psychologist or other licensed medical professional. A coaching session with Glenn does not include health care, medical care or therapy services and will not diagnose, treat or cure any disease, condition or psychological ailment. The services provided by Glenn Sabin and FON Therapeutics, Inc. are for informational purposes only and are not intended to replace or substitute any professional, medical, legal or other advice. Glenn encourages you to continue to visit with, and be treated by, your healthcare professionals, including your primary physician(s).

Bio - About Glenn Sabin

In the early 1990s, Glenn Sabin began to develop a comprehensive and highly personalized approach to managing his chronic lymphocytic leukemia (CLL)—a disease his doctors said was incurable and would eventually take his life. Today, Glenn is alive and thriving and he has achieved a complete, medically documented remission of his CLL without conventional treatments.

Glenn's remarkable case has been chronicled by Dana-Farber Cancer Institute oncologist Lee M. Nadler, MD, Dean for Clinical and Translational Medicine at Harvard Medical School, and his local Johns Hopkins oncologist Bruce R. Kressel, MD.

To say Glenn's 1991 diagnosis was lifealtering would be an understatement. Not only has Glenn overcome his cancer and



become a staunch advocate of evidence-based, integrative medicine, in 2009 he sold his media and marketing company to launch FON Consulting—a business that supports integrative health and medicine enterprises and helps to accelerate their growth.

A past board member of The Society for Integrative Oncology and an author, speaker and collaborator, Glenn is a respected thought leader who works with passion and dedication to advance the field of integrative oncology.

www.glennsabin.com