

GLENN SABIN

ANTICANCER THRIVERS WELCOME!

glennsabin.com



Investigating Cordyceps & CLL: A Data Collection Project

Disclaimer: *Cordyceps Militaris Mushrooms May Not Be Safe to Consume. The content on this page and links to various data and resources have been created to share personal anecdotal experiences from some group members who have used Cordyceps to treat their CLL. We are NOT recommending or advocating that anyone follows what is shared on the [Anticancer Thrivers Facebook group](#). This page is informational only and not meant to substitute medical advice, which should come from your managing physician(s).*

Read First: *CLL Society Cordyceps Announcement*

CLL Society's Dr. Brian Koffman [introduces the genesis of our collective work](#), shares important words of caution, and details the major academic cancer centers that comprise the Cordyceps Working Group and are leading various activities.

Guide to Participating in the Cordyceps Discovery Process

Below you will discover a curated collection of Cordyceps resources, and options to participate in this project through sharing your data with the Anticancer Thrivers Facebook group volunteer team. Learn about [NIH's Natural History Study of MBL, CLL, and SLL](#), and how those using Cordyceps can be followed during this trial. (NIH covers travel expenses for your participation.)

Cordyceps & CLL Data from ~30 Anticancer Thrivers Facebook Group Members

(best viewed on desktop)

How to Get Involved with this Investigation Process and Share Your Data

Contact Paul Morrison via email at p1morrison@yahoo.com. Or Contact Paul on Messenger via the [Anticancer Thrivers Facebook Group](#)

Nancy Kula is working with Paul and will input your data to create a Long Form and a Presentation Slide just for you to track your data.

NOTE: Your data will be de-identified, meaning that we will scrub your name (Protected health information) from the data you provide. You will be identified as 'Patient #' ONLY.

You don't have to create any sort of document. Simply contact Paul Morrison at p1morrison@yahoo.com, and he will guide you. Nancy Kula will then create the documents for you. If you do decide to use Cordyceps, we sincerely appreciate you sharing your outcomes so that we can capture your data along the way, which may, over time, benefit the larger population of those living with CLL around the world.

[Presentation Slides](#)

[CLL Biomarkers
& Response](#)

[For additional resources and guidance on this
project, go to \[CordycepsandCLL.com\]\(http://CordycepsandCLL.com\)](#)

Recommended Cordyceps Resources

NOTE: There are no affiliate sales links to any products featured on this page. We are an independent group of individuals with no affiliations or sponsorships from any company or organization, and do not profit from any purchases you may make.

Cordyceps Militaris Fungi

[Peaceful Harvest](#)

28g/1 ounce bag: \$50.
Special CLL/SLL Discount Code: CLL10—Organic, USDA certified, and third-party analysis report. (1 gram per day typical dose)

[Fungi Jon](#)

\$28-\$80; Organic. Sold in volumes of 7g/1/4 ounce—28g/1-ounce bags. (.5 gram per day typical dose)

Products to Prepare Cordyceps Tea

[Digital Electric Tea Kettle](#)

Keeps the Cordyceps tea at the recommended time and temperature: \$50-\$60

[Scale](#)

Accurately measure ground mushrooms: \$8-\$10

[Grinder for the Mushrooms](#)

A proper grind releases the Cordycepin: \$15-\$20

[Containers](#)

Good for mixing the Cordyceps grind to pour into the simmering water: \$9

[Vacuum sealer for mason jars](#)

Keeps the Cordyceps fresh!: \$33

Cordyceps Militaris Tea Brewing Method

Paul Morrison, 'Patient #2', developed and documented a recommended Cordyceps brewing process that can be [accessed at this link.](#)

For additional resources and guidance on this project, go to CordycepsandCLL.com

Self-Monitoring Blood Testing

NOTE: Monitoring blood while consuming Cordyceps militaris is prudent. Previous participants tested once a month, while others tested every two weeks. Talk to your health care professional about this. If you want to self-monitor, as many participants have done, there are many walk-in blood testing facilities, including:

- [LabCorp](#)
- [Quest Diagnostics](#)
- [Walk In Lab](#)

For Those Residing Outside the United States

You may have to find another source of Cordyceps militaris not produced in the US. Look for Dried Cordyceps Fruiting Bodies. Look for an organically grown product. Capsules, tinctures, and pre-powdered Cordyceps appear to not be as effective.

The Team

The people who are working to help you with the process.

Glenn Sabin: Author of 'n of 1' and host of Anticancer Thrivers Facebook group. Glenn has encouraged and supported the investigation of Cordyceps every step of the way. He serves as liaison for ACT FB Cordyceps patient advocate leadership (Jeff, Paul, Nancy & Howard), and the CLL Society and academics interested in more formal investigation of Cordyceps and CLL. [Learn more here.](#)

Jeff Hinz: 'Patient #1'—First to implement and report his use of Cordyceps for CLL. [Learn more here.](#)

Paul Morrison: 'Patient #2'—Created a Cordyceps brewing process. [Learn more here.](#)

Nancy Kula: Advocate for husband, 'Patient #6'. and creates the Cordyceps and CLL data sheets for ~30 patients and growing. [Learn more here.](#)